As discussed on The Doctors Show. The Doctor Oz Show. and Dr. Mercola online.

"micro-accelerations" force your muscles accommodate. Dr. Mercola

The benefits of vibration therapy include:

Increasing physical strength, dexterity, and endurance

Increasing metabolism (fat burning capability)

Increasing bone strength, density and protecting against osteoporosis

Decreasing cellulite

Increasing blood circulation

Improving skin tone/tightness

Lowering blood pressure

Removing toxins by stimulating the lymphatic system

Increasing mobility, flexibility, coordination and balance

Reducing joint and back pain

Relieving stress

* See good-vibrations-4-life.com for more benefits

Whole body vibration can be the key to achieving your fitness goals. Decades of research and use by health professionals in hospitals, physiotherapy and chiropractic practices have proven its effectiveness. It is being used by countless professional athletes including players in the NFL, NBA, CFL and NHL. Celebrities and their trainers also swear by their vibration machines!

*The Power Plate -- A Valuable Exercise Tool for Prevention and Treatment of Fibromyalgia and Brittle Bones - Dr. Mercola, November 23, 2012

Total body fitness can be easier than a walk in the park!



Vibration therapy's list of benefits is extensive!

Don't be fooled by inferior look-alikes!

Compare our superior features:

- * Higher power motor maximum Power: 2.00 hp
- * Able to accommodate up to 440 pounds (200 kg)
- * Taller frame, by 2" (5 cm) for users 6ft+
- Speed / Frequency settings: 0 - 50 Hz
- Pre-programmed routines: 3
- * incl. stretch bands & remote control for floor exercises
- * Amplitude: 1 -12 mm
- * Certifications: CE, ISO 9001 and UL approval
- * Warranty: 2 years

Comparatively the most powerfull vibration machine you can buy at the most competitive price!

Suitable for every application from a single individual to commercial gym!!

GOOD VIBRATIONS

Strong and safe!

Comparatively the best vibration machine you can buy!

Gentle and easy - that's GV4L's oscillating motion - inducing an effect on your legs, hips and trunk similar to going for a brisk walk.

Compare our superior features!

- * Higher power motor Maximum Power: 2.00 hp. Low-power motors in other machines will burn out under ongoing usage or heavy weight. GV4L's vibration machine is suitable for multiple users and individuals of all sizes.
- * Able to accommodate up to 440 pounds (200 kg). This machine is built to last, with a strong frame and internal components.
- * Taller frame, by 2" (5 cm). A taller frame allows anyone, short or tall, to be comfortable using the GV4L machine. Suitable for users 5 feet tall to well over 6 feet.
- * It's safe! Sturdy handholds, and multiple grip points allow for comfort and safety in a variety of exercise positions.
- * Frequency Settings: 5 50 Hz** with adjustment in increments of 1/10 Hz. This provides more than enough range and fine adjustment to suit everyone from a beginner to a professional athlete.
- * **Preprogrammed workouts:** three preprogrammed routines are provided to make planning your sessions and getting in shape simple and straightforward.
- * Including stretch bands & the only remote control for floor exercises. You can do more than just the usual standing exercises, if you like, with the GV4L machine. We give you the extras!
- * Amplitude: 1 -12 mm. just stand closer or farther from the center of the platform, and you can get a greater or lesser effect. This allows for easy adjustment anytime.
- * Certification: CE, ISO 9001 and UL approved for quality and safety.
- * Warranty: 2 years. We provide a safe, sturdy and powerful machine. We also back it up with a warranty equal to the best in the industry. You will enjoy the effects of your GV4L machine for years to come!

It feels good! Your muscles work effortlessly while you burn calories and get fit!

| how you can benefit from Good ife's amazing technology! |
|------------------------------------------------------------|
| Built to last! |

** Please note: frequencies above 30 Hz are not advisable, except with professional consultation.